

KETO CHOCOLATE MOUSSE

SWITCH
NUTRITION

 **PREP TIME** 5 mins

 **SERVES** 2



INGREDIENTS

- 1 large Avocado
- 2 tbsp Cacao Powder
- 1 scoop Keto Switch - Chocolate
- 1/2 cup Coconut Cream
- 50g melted Dark Chocolate
- 1/2 tsp Vanilla Extract

METHOD

1. Mix all ingredients in a blender until smooth.
2. Serve topped with fresh Fruit, Chocolate Chunks, Shredded Coconut etc.

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